

Lateral Transfer - Two Slide Sheets, Minimum of Three Caregivers



Bring bed up to a comfortable working level and place two slide sheets under the patient from head to toe.



Place the receiving surface close to and slightly lower than the bed.



To bridge a gap or uneven surfaces, place rolled linen or a slide board between bed and stretcher.



With three caregivers, two stand near the patient to push and one stands on the opposite side to pull. To prevent hyper-extension, stop once the patient is halfway between the two surfaces.



One of the caregivers pushing moves to the opposite side of the beds and assists with pulling to complete the transfer safely.



Once the transfer is complete, remove the slide sheets. Remember, we never leave slide sheets under an unattended patient!





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