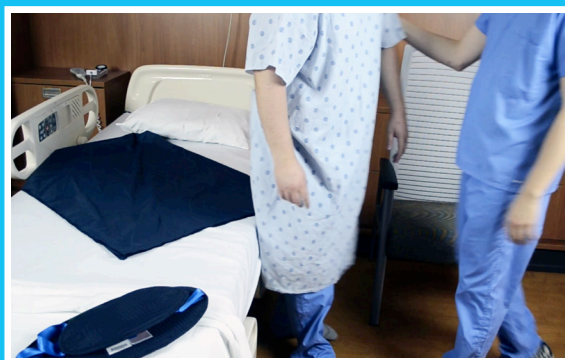




Limb Lifter - One Slide Sheet, One Caregiver



Place folded slide sheet on bed with one corner at edge. Ensure only a small corner is touching edge of mattress.



Instruct patient to sit on slide sheet. Once seated, instruct patient to scoot back, away from edge of mattress.



Instruct patient to place feet on large blue pad, place small pad over forearm, hold ladder with other hand, straighten legs and lean back.



Place hand on patient's hip and feet and slowly pivot patient into bed.



Assist patient to reposition, if needed. Remove slide sheet and limb lifter when mobilization task is complete.



Limb lifter may also be used as a limb sling.

