



# On Bed Mobilization: Occupied Bed Change - Two Slide Sheets, Two Caregivers



Roll patient and place two slide sheets. Ensure the slide sheets are completely under the patient from head to toe.



Using the top slide sheet, move the patient toward side of bed, next to raised side rails.



Remove soiled linen and tuck under patient and slide sheets, toward the patient's midline.



Secure clean linen to bed and tuck under patient and slide sheets, toward the patient's midline.



Slide patient to opposite side of bed (over hump of linen). Remove soiled linen and place in hamper, then pull clean linen through and secure to bed.



Center patient on mattress (one caregiver pulls top sheet, second caregiver pushes against patient's shoulder and hip).

